

# Weekly Goal Sheet

\_\_\_\_\_ WW \_\_\_\_\_, Date \_\_\_\_\_

## Relational:

M T W R F Sa Su PRESENT: \_\_\_\_\_  
M T W R F Sa Su PLAYFUL: \_\_\_\_\_  
M T W R F Sa Su KIDS: \_\_\_\_\_

Travel: \_\_\_\_\_

## Personal:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Spiritual \_\_\_\_\_  
Mental \_\_\_\_\_  
Physical \_\_\_\_\_  
Reading \_\_\_\_\_

## Career/Business:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Contribution/Giving Back:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Projects:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Partner:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Family:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Growth Opportunities:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Investments/Finance:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Other:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_